

Taking Charge of Your Health WITH BELJANSKI

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Sylvie Beljanski, President of
Natural Source International, Ltd.
and daughter of Dr. Mirko Beljanski.



Mirko Beljanski, Ph.D.

Last month, for the 17th year in a row, over 500 people gathered together on a grassy lawn in Saintes, France, for a daylong picnic. They came together because—although they did not know each other—they had one life-changing experience in common: they each had fought a battle against cancer and survived. Their experiences were especially remarkable because these survivors credit their success to the late French microbiologist Mirko Beljanski, Ph.D., and the natural molecules that he discovered.

The annual picnic was organized by CIRIS (Centre d'Innovations, de Recherches et d'Informations Scientifiques), a French association that works with the Beljanski Foundation—an American non-profit organization—to promote awareness of Dr. Beljanski's work. Both groups support the efforts of Beljanski's daughter, Sylvie Beljanski, who is president and CEO of Natural Source International, Ltd. (the American company that manufactures and distributes the dietary supplements that stem from Beljanski's research) to continue her father's scientific legacy and promote the field of environmental medicine. Each year they invite her to the picnic to inform the CIRIS members about the clinical trials that are underway in the United States with Dr. Beljanski's molecules.

For those who include Beljanski's approach in their health regimens, CIRIS serves as a support group, as well as a way to share their experiences. CIRIS's main objectives include the support of

innovative research, official recognition of Dr. Beljanski's discoveries, and the creation of a network for those interested in this unique nutritional approach. This organization boasts thousands of members in Europe, and France in particular. Its members came to the organization through word of mouth alone upon realizing the importance of Dr. Beljanski's research and of incorporating his findings into their lifestyles. To best understand why so many people were drawn to gather together, and the importance of spreading their message, it is necessary to first understand the work of Dr. Mirko Beljanski.

WHO WAS MIRKO BELJANSKI?

Dr. Beljanski (1923-1998) was a French molecular biologist who worked for over 50 years studying DNA replication and transcription. Born in Yugoslavia, he worked his way from a small village with virtually no resources to become a researcher at the Pasteur Institute in Paris, France, one of the top science institutions in the world.

During his career, Dr. Beljanski discovered that the normal structure of DNA becomes altered when exposed to pollutants in the environment. He showed that when a cell's DNA becomes destabilized it leads to chronic disease and other major ailments, such as cancer. DNA destabilization is a cumulative process, influenced by the level and frequency of our contact with harmful molecules that damage DNA structure. Through this discovery, Mirko Beljanski offered the world an explanation on the cellular level of how the environment affects our DNA and can trigger disease.

In the course of his experiments, Beljanski created a test to evaluate the potential of harmful molecules to further destabilize our DNA. Then Beljanski used this test to discover natural molecules that could help prevent this damage to the DNA structure and restore cellular health.

These natural molecules include extracts of the South American plant Pao pereira, the African shrub *Rauwolfia vomitoria*, a unique extract of golden leaf *Ginkgo biloba*—with wholly different properties from

the standard green leaf extracts on the market—and a preparation of short ribonucleic acid (RNA) fragments that boost the immune system.

It would seem that, with such a distinguished career, Dr. Beljanski's work would be known throughout the world. So why is there a need for an organization like CIRIS, which strives for official recognition of Dr. Beljanski's discoveries and promotes awareness of his research?

During his years at the Pasteur Institute, Dr. Beljanski's ideas differed drastically from the core dogma of molecular biology at the time, which held that cancer was the result of genetic mutations in the DNA. Through his innovative research, Dr. Beljanski showed that—to the contrary—DNA can be directly influenced by carcinogens in the environment. Today, it has been confirmed by many scientists that DNA destabilization, as first described by Beljanski, is a primary cause of many types of cancer. Ironically, once the DNA has been damaged by interaction with carcinogens, it becomes more susceptible to mutations.

Beljanski's innovative ideas caught the attention of many French doctors who were interested in having their patients benefit from the synergy between conventional medicine and Beljanski's environmental approach. It was at this time that CIRIS was formed, so patients could connect with one another and work together to ensure the right to choose their own method of treatment.

In 1993, the then president of France, François Mitterrand, was seriously ill with prostate cancer and was not expected to live through his second presidential term. After learning about Dr. Beljanski's products, Mitterrand chose to try them and—against all predictions—was able to complete his presidency. This success for Beljanski and alternative medicine in general was an embarrassment for those in the pharmaceutical industry who were unable to help Mitterrand, and an upset for many in the government who were looking to advance their own positions in the anticipated shift of power.

Following Mitterrand's death in 1996, French public health officials sought to suppress the work of Dr. Beljanski. His lab was raided and shut down, and—even worse—all of the Beljanski products were banned and taken away from the patients who relied on them. Dr. Beljanski was not the only one to suffer in this situation; patients were effectively told they could not choose their own treatments and were denied the right to take the Beljanski products, despite their very safe track record. But

the members of CIRIS did not remain quiet about the unjust ban. Patients took to the streets in large demonstrations, holding up signs that read, "We want the Beljanski products!" In the end, the government gave in to the people's wishes.

REAL STORIES

It is not every day that people are willing to take to the streets in protest to demand a particular health product. This not only demonstrates the strong desire of the French people to have control over their own health and treatment, but it also attests to the efficacy of Beljanski's natural molecules. Patients have been more than willing to speak out



Photo: CIRIS

about their experiences. Jean Le Guen, a pancreatic cancer survivor, tells his story:

"Only a couple years from retirement, I began to experience digestive problems. Wanting to quickly discover the cause of these problems, I went from specialist to specialist until the diagnosis was finally confirmed by a biopsy: a malignant pancreatic tumor. It could not be removed and appeared to be resistant to both chemotherapy and radiation therapy. When my wife asked the doctor 'What can we do?' his response was, 'Well, nothing, Ma'am.' She then asked how long I had left, to which he responded 'Two, three months, maybe more, maybe less.'

"I was lucky enough soon thereafter to meet a doctor who knew Dr. Beljanski, and so I began taking his products. The concrete results of the treatment were apparent on two levels: first, the tumor was halted in its initial form, and, second, the initial resistance of the tumor was modified, causing it to finally react to traditional hospital treatments. All of it was with a minimum of suffering because Dr. Beljanski's products offer the extra advantage of helping to prevent pain. Even after completing >>>

Beljanski's supporters marching in the streets of France.



Photo: @ PHOTO DELPHINE SOUCHON / CIRIS

Taking Charge of Your Health with Beljanski continued

radiation therapy, I continued with the Beljanski treatment for several years in maintenance doses until 1985 when I went off the therapies completely. I have been in good health ever since.”

In the 1990s, Jean-Paul LePerlier also turned to Dr. Beljanski’s products:

“The first time I came across

Dr. Beljanski’s products was not as a sick person, but as a journalist carrying out an investigation *against* Mirko Beljanski.

“He had been described to me as a quack pretending to cure all sorts of diseases with fake medicines. My goal was to find 20 or so ‘victims’ who had taken Beljanski’s products and would testify against the pseudo-scientist for providing them with harmful medication.

Despite months of effort, I was not able to find anyone with complaints. And then, unable to believe it, I was stricken with cancer of the intestine. I let the tumor grow excessively which led to an extreme diagnosis: ‘You have three months to live and they will be three months of hell,’ my doctor told me.

“Protected by Beljanski’s unique Ginkgo extract, I was able to undertake radiation therapy at extremely high dosages. In my DNA, destabilized by the aggressiveness of the radiation, the Pao pereira was able to penetrate most effectively, generating ‘synergy of action’—the key word in Beljanski’s approach. *Rauwolfia vomitoria* reinforced this synergy even more. Lastly, my immune defenses, decimated by chemotherapy, were able to recover thanks to the RNA fragments. Years have since passed and I’m alive and still doing well in the fall of 2008.”

BELJANSKI’S WORK TODAY

After years of hard work, success, and harassment, Dr. Beljanski died in 1998. However, this was by no means the end of his legacy or his vision. With the help of the Beljanski Foundation and CIRIS, his daughter, Sylvie Beljanski, has been able to ensure the future of her father’s research. In addition to being the president of Natural Source International, Ltd., Sylvie Beljanski speaks at medical conferences all over the United States, educating the medical community about her father’s research. In doing so, she has attracted the attention of two prestigious American institutions that are now conducting clinical trials on two of the Beljanski products. Columbia University is currently conducting a trial under the

direction of Dr. Aaron Katz with Prostabel® (a combination of *Rauwolfia vomitoria* and Pao pereira), which is being shown to support prostate health. At Cancer Treatment Centers of America, a clinical trial has just been completed for RealBuild®, Beljanski’s preparation of RNA fragments, which supports healthy platelet proliferation in the blood.

Sylvie Beljanski also serves as vice president of the Beljanski Foundation and is committed to the idea that patients have the right to be involved in their own treatment. She believes strongly that, the more we pollute our environment, the more pollution in the environment returns to us, affecting us at the cellular level. She strongly advocates serious detoxification and lifelong changes that will empower each of us.

TAKE CHARGE OF YOUR HEALTH

Sylvie Beljanski has a three-pronged approach to optimal health. She maintains that the first step to protecting yourself is to look for ways to fortify your body against the aggressive molecules in our environment that cause DNA destabilization. Avoid exposure to molecules known to be harmful by buying organic food free of toxic pesticides and natural products free of dangerous preservatives. However, these steps will only go so far, and it is inevitable that some harmful molecules will still enter your body through other means. The next step is to remove these molecules through natural detoxification methods such as gentle chelation—which helps remove heavy metal buildup—or by taking natural supplements to help support the liver’s function. Finally, it is necessary to prevent the proliferation of damaged cells with serious support from Dr. Beljanski’s natural molecules.

It is this same philosophy of taking charge of one’s own health that brings the members of CIRIS together and brings them back, year after year, to the annual picnic in Saintes. They have all chosen to supplement their conventional therapies with Dr. Beljanski’s products, and are seeing remarkable results. They use the strength of the organization, as well as the Beljanski Foundation, to educate themselves and others about their choices when facing difficult medical situations, which goes to show that the advice from a friend can be just as essential as that from your doctor. ■



More Media Hear Sylvie Beljanski interviewed on Green Patriot Radio by visiting www.webtalkradio.net and to hear the best in natural health and green living.

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Pierrette Weidlich, president of CIRIS, Sylvie Beljanski, president of Natural Source International, Ltd., Monique Beljanski, president of the Beljanski Foundation and Dr. Beljanski’s widow.



Resources

It is important to note that all of the Beljanski products are dietary supplements and they are not intended to diagnose, prevent or treat any disease. Their use should be part of a comprehensive approach. If you would like additional information, contact Natural Source International, Ltd. at their toll-free number, 888-308-7066, or at 212-308-7066. Visit www.natural-source.com.

To learn more about Dr. Beljanski’s scientific research, visit the following websites:

- www.beljanski.com (the CIRIS website)
- www.mbschachter.com
- www.pubmed.com to view Beljanski’s studies and the recent article from the *International Journal of Oncology*